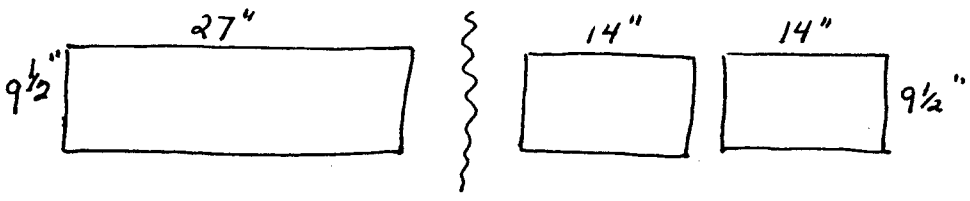
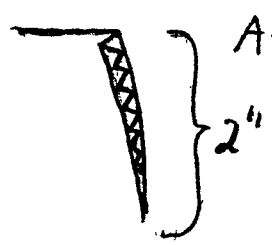


 = right side of cloth } For a Health Kit Bag, 8" x 11"

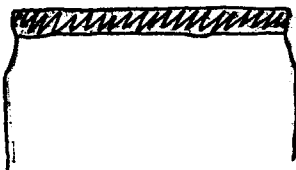
1. Cut a rectangle or cut 2 pieces



2. Get ready to make the drawstring casing.

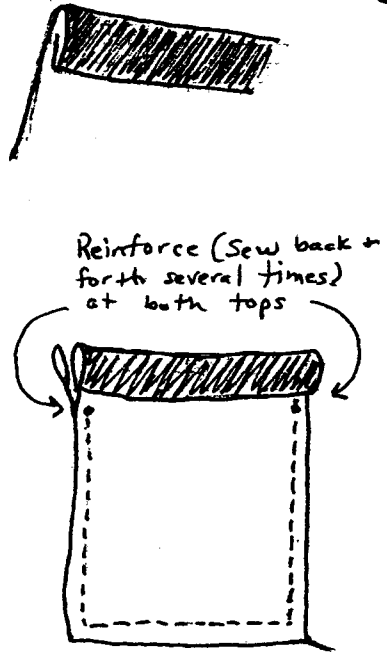


At the 4 top corners, turn the cloth in $\frac{1}{4}$ " - $\frac{1}{2}$ ", and zigzag it down on the wrong side of the cloth. This is to make a clean, unfraying edge.

3.  ← Iron down $\frac{1}{2}$ " onto wrong side of cloth, on both top edges.

4. Turn that edge again, 1" this time, and iron. This forms the casing (tunnel) for the drawstring

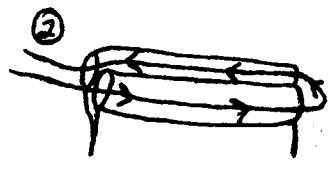
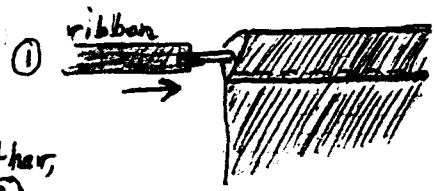
5. Sew along the bottom edge of casing, $\frac{1}{8}$ " from the edge. Do this to both top edges



6. For a 2 piece bag: pin the 2 pieces together, right sides together, and sew the sides and bottom, keeping $\frac{5}{8}$ " from the edge.
For a one piece bag: same thing, only you don't need the bottom seam.



7. Take a ribbon or cord or bias binding tape, + cut 2 pieces ~28" long. Put a safety pin through one end, and guide it through one tunnel and back through the next. The 2 ends have met. Sew them together, tucking the ends under as in ③.



Now do the same with the second ribbon, starting from the other side of the bag. ④

